



## "On a Roll" Cuff by Norma Melton



1. Begin with two equal lengths of WireKnitZ®.

2. Gently open the lightweight gold knit to slip the black knit through and align ends -- taking care not to snag the wire edges. This is where the cooking tongs are useful.



3. Open the layered tube at both ends to fit your hand through with some ease. This is where a wrist mandrel or conical object comes in handy. Clip off any pulled wires at ends.



4. At one end, roll the layered knit over the outside of the tube making a 1/2-inch cuff, and gently massage it into place. Roll the same cuff two more times, evening the cuff each time. Repeat at the opposite end.

5. After making your rolled cuffs at each end, notice the bracelet diameter is smaller. Size the opening by using the wrist mandrel or manually stretching each end to snugly fit over your hand. If you overstretch the cuff in width, pull in length to narrow opening.

6. At this point, your bracelet should measure about 4 inches in length.



7. Roll each end one more time. Adjust and position both ends, making your bracelet about 2.5" in length. Size openings once again slightly smaller in diameter than is necessary. To set your cuffs, select braided beading thread or craft wire and inconspicuously stitch each cuff end along the inside rolled edge. If using thread, tie off with a double-overhand knot, or bury wire end inside cuff. This will allow the bracelet some expansion room, but with a limit!

### Materials & Tools

Note: #2005 Light Gold *fine gauge* used on the outside of this cuff can be substituted with the 3000, 4000, or 5000 *heavy gauge* Series for texture and durability, if preferred.

1 – 9" length of #2005 Light Gold Tight Knit  
1 – 9" length of #3001 Black Tight Knit  
Note: If you prefer a bulkier rolled cuff, insert a 4 1/2 inch rolled piece of #3001 Black knit for extra body inside each cuff end.

Measuring Tape or Ruler

Scissors

Clear drying glue (if using thread to secure)

Cooking Tongs - Optional

Wrist Mandrel - Optional

### Cuff Setting Options

Sewing Needle and Braided Beading Thread  
OR

28 – 30 gauge Craft Wire

Enjoy wearing as it is, or add embellishments!

**Helpful Hint:** Slip your hand in a plastic baggie, or knee high stocking, then coax the bracelet on by gently rotating it over your hand. Remove the baggie...Voila!